

Effective Parenting

This course is for **every parent** with a child aged 3-12 years

This 8 week programme is aimed to help parents and carers learn practical communication skills for everyday life and to develop their abilities to bring up confident, happy and co-operative children.

Topics include:

Building self-esteem for children and parents : understanding children's behaviour : listening skills : effective communication : dealing with feelings and setting limits.

- Starting:** Tuesday 14th September 2021
- Finishes:** Tuesday 9th November 2021
(8 sessions **NOT including Oct half term**)
- NO SESSION 26TH OCTOBER 2021**
- Time:** 7.00-9.00pm
- Venue:** **On-line delivery**
- Cost:** £60.00/£30 Concessions (with proof)
Fee is per person living in London.

Call us on **020 8863 7319** to register
Or email info@hopeharrow.org.uk
www.hopeharrow.org.uk



Helping Families to Live and Learn Together

