



# St George's School News

## Respect: They key word in our mission statement

Dear Parents,

At St George's we encourage the children to stand up for justice and to do what is right. This week, KS2 pupils considered the message of Dr. Martin Luther King in assembly. We focused on three key words: respect, equality and justice.



When we return from half term, we will have a focus on anti-bullying week which shines a spotlight on bullying and encourages all children, teachers and parents to take action against bullying throughout the year. That's why, this year, we're empowering children to use their 'Power for Good' to safely speak up and raise awareness when they see bullying, face to face or online.



The definition of bullying is:

The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.



We aim to:

Help children understand how important it is that every child feels valued and included in school, able to be themselves, without fear of bullying.

Encourage parents to work with school and talk to their children about bullying, difference and equality.

Encourage school staff to take individual and collective action to prevent bullying, creating safe environments where children can be themselves.

Support pupils fully in their understanding of bullying and how they can change their behaviours.



Have a good weekend, enjoy the longer half term this October. Remember half term is from Thursday 23rd October.

Mrs D Monaghan  
Headteacher



*"You will be the salt of the earth and the light of the world. You will be seeds of hope where you live."*

**Menu theme day Monday 20th October**

Please check that you have made your selection on Feeding Hungry Minds, as this is a different selection from the normal menu. Any previous orders may be deleted

**DIWALI DAY MENU**

Chicken Tarka Dhal Or Chickpea & Mixed Vegetable Balti

\*\*\*\*

Pilau Rice, Saag Aloo, Aloo Gobi and Mini Naan Bread

Fruit Kheer



**WE ARE A NUT FREE SCHOOL**



Reminder: we are a nut free school, all snacks must **NOT** contain any nuts. Please ensure that labels have been checked for all food and snacks. **A reminder that crisps are not allowed in pupils' lunchboxes.**

**SAINTS SCHOOLS FOOTBALL COMPETITION**

Both our girls' and boys' football teams had a fantastic time representing St George's at this week's tournament at St Dominic's! They showed brilliant teamwork, great football skills, and outstanding sportsmanship throughout. We're especially proud of our boys' team, who played superbly and reached the finals, finishing in second place! A huge well done to all our players – you did St George's proud!



**2025 Nativity dates**

**Nursery**

Thursday 11th December 2025 1-3pm

**Year 2**

Friday 12th December 2025 at 9:15am

**Year 1**

Monday 15th December 2025 at 9:15am

**Reception**

Wednesday 17th December 2025 at 9:15am



**SALT & ICE CHALLENGE – RISKS TO CHILDREN AND YOUNG PEOPLE**

**CHILDREN AND YOUNG PEOPLE**

**Background**

- The “Salt and Ice Challenge” is an online trend where young people place salt on their skin and press ice on top for as long as possible. This creates a chemical reaction, rapidly lowering the temperature and causing cryogenic (cold) burns, similar to frostbite.
- Children and young people may underestimate the harm as the cold numbs the skin, masking pain until significant damage has occurred. Mixed depth injuries including full thickness (subdermal) burn wounds needing skin grafts, permanent scarring, possible nerve damage, and long term impact on wellbeing.
- Peer and online pressure amplify the likelihood of wider uptake.

**Immediate First Aid Advice**

- Warm the area by immersion in warm water for 30 – 60 minutes
- Cover with clean cling film or smooth plastic.
- Seek medical attention for deep, blistered, or extensive burns.

**Recommended Actions for Parents and Carers**

Reinforce with children and young people that this is not a “harmless game” but can cause serious and lasting harm.

**Key Messages for Young People**

- “The Salt & Ice Challenge can leave permanent scars—don’t risk it.”
- “Cold burns damage tissue, even if you can’t feel it happening.”
- “Don’t hurt yourself for likes—there are safer ways to have fun online.”

Young people: the “Salt & Ice Challenge” can leave scars for life. It’s not worth it for likes. Protect your skin, protect your future. #StaySafe



**MACMILLAN COFFEE MORNING**

A huge thank you to all of you who attended, donated and supported the MacMillan Coffee Morning on Friday 26th September.

All donations have now been counted and banked, with a grand total of **£366 raised!**

A special thank you to all of you who took part in the bake off.

Congratulations to Max in Year 2 who won first prize and to Eoin in Reception who received second prize!

Thanks again to one and all, from Debbie & the PSA



**THE SNOWMAN**

**WITH LIVE ORCHESTRA**

EXPERIENCE RAYMOND BRIGGS' TIMELESS ANIMATED CLASSIC WITH LIVE ORCHESTRA

**4.30 PM & 6 PM**

**THURSDAY 4 DECEMBER 2025**

THE NEW HALL, CARDINAL VAUGHAN SCHOOL, 89 ADDISON ROAD, LONDON W14  
TICKETS (£10 ADULTS £5 CHILDREN) AVAILABLE AT [WWW.CVMS.CO.UK](http://WWW.CVMS.CO.UK)

UK Health Security Agency **NHS**

## Your child's vaccine schedule

**8 weeks**

- 6-in-1 vaccine<sup>1</sup>
- Rotavirus vaccine<sup>1</sup>
- MenB vaccine<sup>1</sup>

**12 weeks**

- 6-in-1 vaccine<sup>2</sup>
- Rotavirus vaccine<sup>2</sup>
- MenB vaccine<sup>2</sup>

**16 weeks**

- 6-in-1 vaccine<sup>3</sup>
- Pneumococcal vaccine<sup>1</sup>

**1 year**

- MMR vaccine<sup>1</sup>
- Pneumococcal vaccine<sup>2</sup>
- MenB vaccine<sup>3</sup>

**On or after 1 July 2024** for children born **Before 1 July 2024**

**1 year**

- MMR vaccine<sup>1</sup>
- Pneumococcal vaccine<sup>2</sup>
- MenB vaccine<sup>3</sup>
- Hib/MenC or 6 in 1 vaccine<sup>4</sup>

**2+ years**

- Children's flu vaccine (yearly)

**3 years and 4 months**

- MMR vaccine<sup>2</sup>
- 4-in-1 pre-school booster vaccine

**18 month**

- MMR vaccine<sup>2</sup>
- 6-in-1 vaccine<sup>4</sup>

**2+ years**

- Children's flu vaccine (yearly)

**3 years and 4 months**

- 4-in-1 pre-school booster vaccine

<sup>1</sup>first dose, <sup>2</sup>second dose, <sup>3</sup>third dose, <sup>4</sup>fourth dose  
 6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B  
 4-in-1 protects against diphtheria, tetanus, whooping cough and polio  
 First dose of rotavirus vaccine must be given before 15 weeks of age and second dose must be given before 24 weeks of age  
 \*Vaccine given will depend on vaccine availability

Follow your child's vaccine schedule to protect them against illnesses **Stick this timeline up as a useful reminder**

APPENDIX D

Vaccination UK working on behalf of **NHS** England

## STOP THE FLU! VACCINATE YOUR CHILD! PROTECT YOUR COMMUNITY!

Vaccinating your child will STOP them from being seriously ill this winter and protect vulnerable friends and family.

**THE INJECTION**  
We offer a PORK-FREE, GELATINE-FREE injection considered a faith-friendly alternative.

**NASAL VACCINE**  
No needles - just quick, painless, effective flu protection (contains gelatine)

OR

**IT'S QUICK**

**IT'S FREE**

**GIVEN AT SCHOOL**

**IT PROTECTS YOUR LOVED ONES**

To book into a catch up clinic

Scan Here!

harrow@v-uk.co.uk  
 020 8432 7075  
[www.schoolvaccination.uk/flu](http://www.schoolvaccination.uk/flu)  
 YouTube: @vaccinationuk

*Dates for the Diary:*

**Monday 20th October**  
First Flu Vaccinations

**Wednesday 26th November**  
Second Flu Vaccinations

### MMR VACCINATION PROGRAMME UPDATE

Two doses of the Measles Mumps Rubella (MMR) vaccine are offered routinely to all children at 12 months and 3 years and 4 months and provide excellent lifelong protection from measles.

As part of the recently announced changes to the routine childhood immunisation schedule, from 1 January 2026 the second dose of the MMR vaccine is being brought forward so that children born on or after 1 July 2024 will be offered their 2nd MMR dose when they attend for the new 18 month appointment at the GP. The aim of this change is to help improve MMR uptake at the population level.

Measles is a highly infectious viral illness, so anyone with symptoms is advised to stay at home and phone their GP or NHS 111 for advice, rather than visiting the surgery or A & E, to prevent the illness spreading further. For more information on MMR please visit: <https://www.nhs.uk/vaccinations/mmr-vaccine/>

# PSA NEWS AND EVENTS

Dear Parents,

Thank you to all who were able to attend our PSA Annual Meeting last week, it was lovely to give you an insight into what the PSA is all about, what we achieved last year in terms of fund-raising/funds spent on the school and what we have planned for this year and, most importantly, ways you can get involved.

Thanks to Mrs Arthur whom chaired the meeting and gave us information/ideas on how the school will look to utilise PSA funds raised this year, including a school photo to celebrate 60 years of St. George's!

As we shared at the meeting, the PSA is not about one role, one person or even a few people, it is about what we can achieve collectively as a group of parents, in conjunction with Mrs Monaghan & Mrs Arthur and the wider school community to deliver for the school and ultimately, all our children who attend here.

We are at a critical juncture in the PSA, with a number of key members having left last year and more leaving at the end of this year, so it is really important we continually get more parents involved to take on roles, become a class rep or help out where you can - every contribution makes a difference. This way, the PSA can succeed not only this year, but next year and the years after that!

We remembered our dear Hanna Magda RIP throughout the meeting and offered our prayers to her family. Everything we do in the PSA this year will be in memory of Hanna, and Allan Noronha whom we lost in the summer, and the wonderful contribution they and their parents gave to our school.

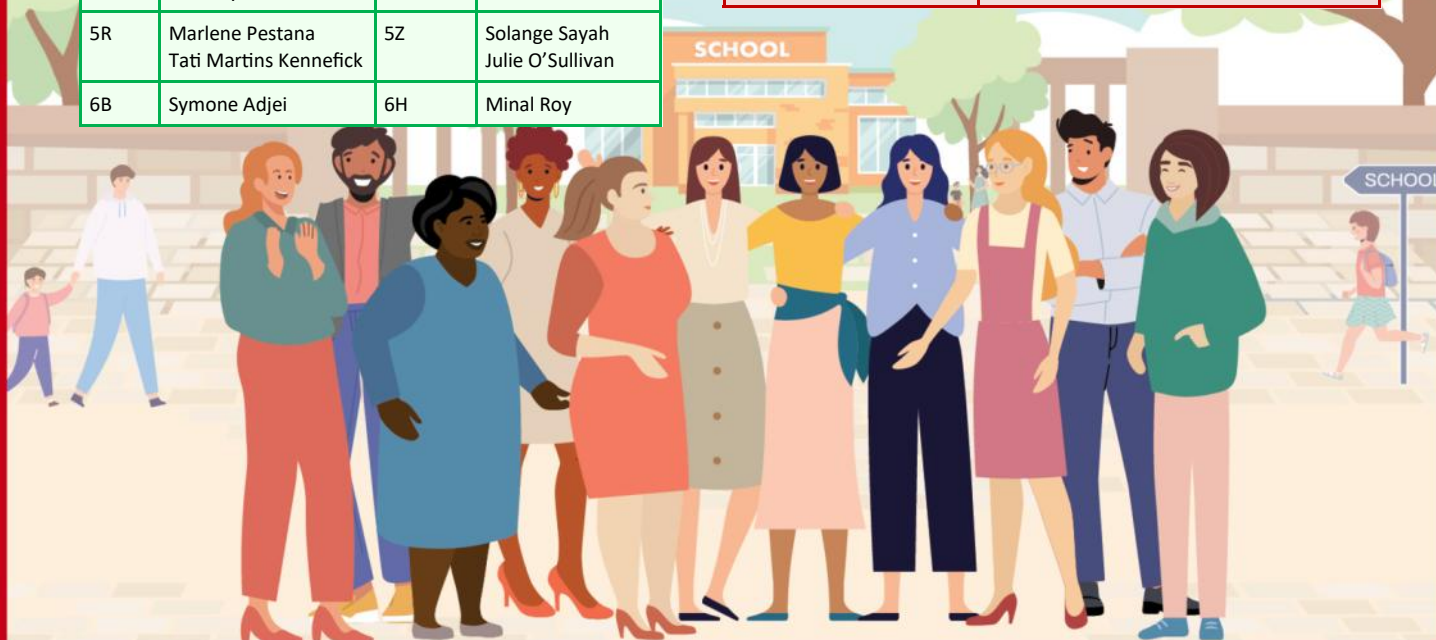
Please find attached PSA Calendar of Events for 2025/26 and your approved PSA Committee and wonderful, hard-working Class Reps!

Minutes will be published on school website in early course. Any questions, ideas or suggestions let us know.

PSA

Class Representatives 2025-26			
RMU	Zahra Hasan	RMA	Sylvia Kwiatkowska Monika Dunne
1L	Agata Lazarewicz Sarita Rodrigues	1N	Noreen McGuire Kamila Tybursk
2MI	Tati Martins Kennefick Suzanne Semedo Sylvia Garus	2R	Agata Michalewicz Joanna Strugala Minal Roy
3F	Fiona Murphy	3OH	Paulina Sekula Eve McKenzie
4C	Kat Matuszczyk Ilona Dymek	4OS	Dorota Wegrzyk
5R	Marlene Pestana Tati Martins Kennefick	5Z	Solange Sayah Julie O'Sullivan
6B	Symone Adjei	6H	Minal Roy

PSA Position	Name
Co-Chair	Dorota (Kasia) Pawlowska
Co-Chair	Noreen McGuire
Secretary	Deborah Lee
Treasurer	<i>To be advised</i>
Deputy Treasurer	Natalie McDaid
Co-Fundraisers	Noreen McGuire (acting) <i>To be advised</i>
Publicity	Dorota (Kasia) Pawlowska (acting)
Newsletter & Comms	Noreen McGuire



# PSA CALENDAR 2025/2026

## SEPTEMBER 2025

3<sup>rd</sup> September Return to school  
 15<sup>th</sup> September **PSA committee meeting**  
 26<sup>th</sup> September Macmillan coffee morning

## OCTOBER 2025

2<sup>nd</sup> October **PSA annual meeting**  
 10<sup>th</sup> October Coffee morning for new reception par-  
 ents  
 22<sup>nd</sup> October Bend the rules (last day of school before  
 half term)

## NOVEMBER 2025

3<sup>rd</sup> November Return to school  
 10<sup>th</sup> November **PSA meeting (with Class Reps)**  
 14<sup>th</sup> November AUTUMN DISCO (re-scheduled from Oct)

## DECEMBER 2025

12<sup>th</sup> December Xmas Fair, Xmas jumper and photo,  
 Santa  
 19<sup>th</sup> December Xmas Colours Day (last day before Xmas  
 break)

## JANUARY 2026

5<sup>th</sup> January Return to school  
 13<sup>th</sup> January **PSA meeting (with Class Reps)**  
 16<sup>th</sup> January Bingo Night

## FEBRUARY 2026

6<sup>th</sup> February Valentines Disco  
 12<sup>th</sup> February Fat Thursday  
 23<sup>rd</sup> February Return to school

## MARCH 2026

13<sup>th</sup> March Bingo Night  
 27<sup>th</sup> March Bend the rules (last day before Easter)

## APRIL 2026

13<sup>rd</sup> April Return to school  
 17<sup>th</sup> April Easter egg hunt  
 23<sup>rd</sup> April St. George picnic  
 28<sup>th</sup> April **PSA meeting (with Class Reps)**

## MAY 2026

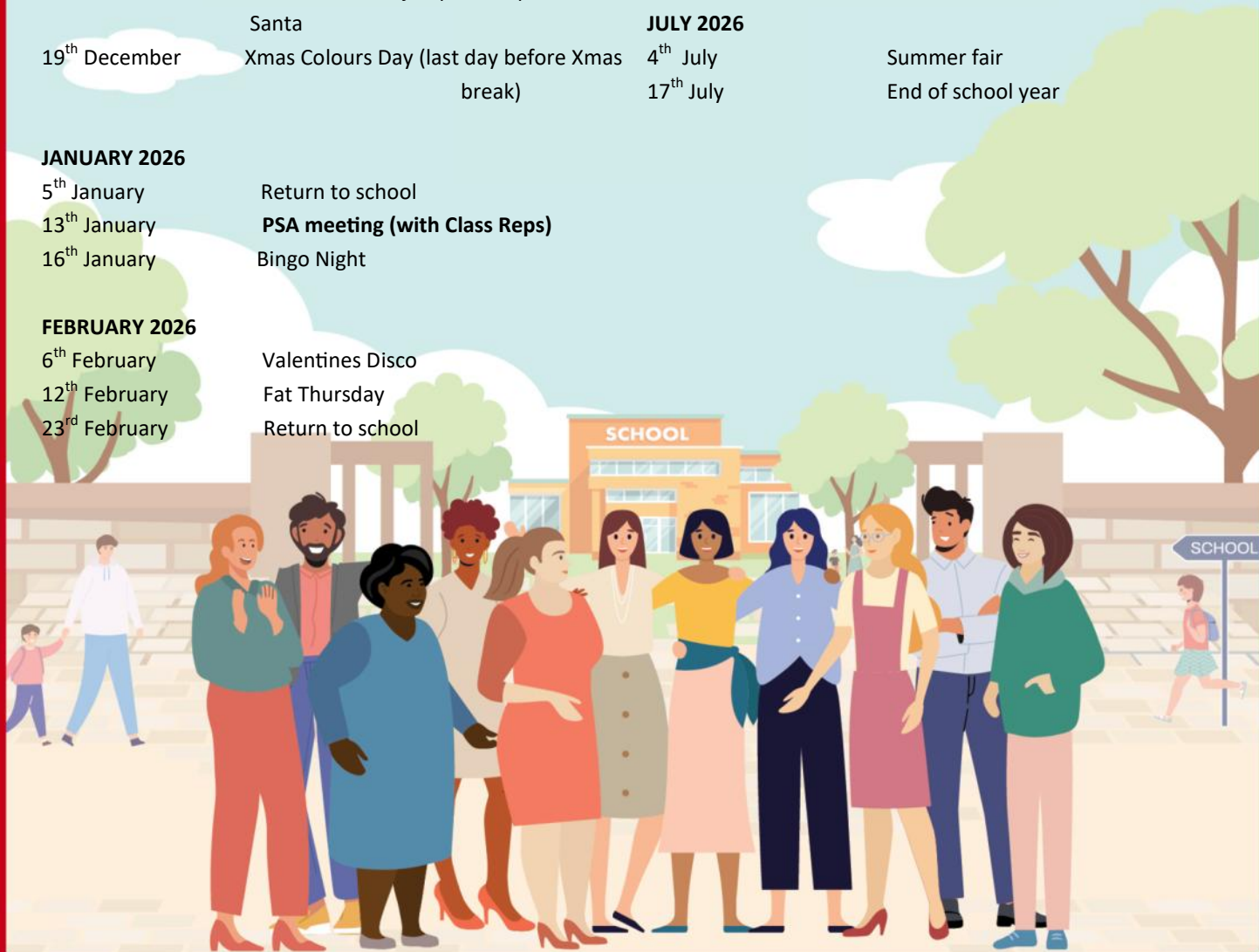
4<sup>th</sup> May Bank Holiday  
 15<sup>th</sup> May Spring disco  
 22<sup>nd</sup> May Pizza Day for Year 6

## JUNE 2026

2<sup>nd</sup> June Return to school  
 12<sup>th</sup> June Bingo Night

## JULY 2026

4<sup>th</sup> July Summer fair  
 17<sup>th</sup> July End of school year





# St George's School Dates

## DATES FOR YOUR DIARY

### OCTOBER

**Black History month begins**

**The Month of the Rosary Begins**

**Mon 20** First Flu Vaccinations

**Tues 21** Parents Evening

**Wed 22** Last day of half term (Bend the Rules day)

**Thurs 23** **\*Inset day School closed\***

**Fri 24** **\*Inset day School closed\***

**HALF TERM Thursday 23rd October– Friday 31st  
October 2025**

**Normal School Finish Time**

## DATES FOR YOUR DIARY

### NOVEMBER

**Mon 3** Children return to school

**Tues 4** St Martins House Mass

**Tues 4** London Fire Brigade Year 2-5 Visit

**Wed 5** School Photographs

**Thurs 6** School Photographs

**Thurs 6** Year 3 Gunnersbury

**Mon 10** Anti-Bullying week

**Tues 11** Remembrance day

**Tues 11** 6H Assembly

**Tues 11** 4OS Mass

**Thurs 13** 3OH Mass

**Fri 14** PSA Bingo Night

**Fri 14** 5Z Assembly

**Wed 19** Opening morning– Reception 2026/2027 at  
9:30am

**Thurs 20** 3F Mass

**Fri 21** 6B Assembly

**Wed 26** Second Flu Vaccinations

## HEADTEACHER'S DROP IN SESSION—EVERY MONDAY AT 2.40PM

This is a time when the Headteacher is available if you want to discuss any matters.

Mrs Monaghan is also available at other times if you wish to make an appointment through the School Office.