



St George's School News

Remember that nothing is small in the eyes of God.

Do all that you do with love. **St. Thérèse of Lisieux**

Dear Parents,

Thank you for attending 'Meet the Teacher' evenings last week. This was an opportunity to find out about the routines, key events and curriculum in your child's new class. We hope you found it informative and useful.

Last week we hosted a coffee morning with members of the Harrow Parent Carer Forum. They are a friendly, supportive community of families who have children or young people with special needs and/or disabilities (SEND). Together they hold a wealth of experience and knowledge which our parents can tap into and access at any point. If you were unable to attend the meeting but would like to know more, please reach out to myself or Mrs Williams for further information. We will also be hosting another event with them next term.

Next week we will be celebrating Little Way Week in school which is inspired by St. Thérèse of Lisieux. As a child St. Thérèse dreamed of being a missionary. With age she understood that very few of us are called to make big and radical gestures, but that through small, loving actions we too can deliver God's love to the world. During the week, staff in school will be acknowledging and celebrating children who display their own 'little' acts of kindness and a commitment to do small tasks with love every day. The children who are in St. Thérèse House will also attend Mass on Tuesday.

Yours Sincerely,

Mrs Arthur

**Deputy Headteacher & Acting Headteacher on Thursdays
and Fridays**



*St. Therese, help me to always believe,
as you did in God's great love for me,
so that I might imitate your
"Little Way" each day.*

Amen





“Praying the Rosary together as a family is very beautiful and it gives us strength.”

'World Mental Health Day'

On Thursday 10th October, the children will be wearing yellow for 'World Mental Health Day'.

We will be raising money for Young Minds, a charity which supports young people with their mental health.

Pupils should wear something yellow and bring in a donation to help us raise money.

WHEREVER YOU ARE,
SUPPORT WORLD MENTAL HEALTH DAY

HELLO YELLOW

We want #HelloYellow to be a positive and fun way for people to share the message that it's okay to reach out for help.



Macmillan Coffee Morning



Thank you to the PSA for organising a Macmillan Coffee Morning on Friday 27th September.

Thank you to all who baked and entered the Bake Off competition and raffle. Your generous efforts, both on-line and at school were fantastic!

OCTOBER IS THE MONTH OF THE ROSARY

We welcome the voluntary Parishioners who come to teach and pray the Rosary with the children.

All year groups from Year 1- Year 6 will say the Rosary on one day during October.



CHANGE OF DETAILS

Please inform the School Office by email on office@stgeorges.harrow.sch.uk if you change any of your contact details, including home, work or mobile numbers or email address.

Thank you.

YEAR 6 PGL TRIP- OSMINGTON BAY

The Year 6 children and staff have had an enjoyable week at Osmington Bay.

The teachers have been very pleased with the participation and behaviour. Well Done Year 6! - we are very proud of you all.

Thank you to the staff for their care of the children and for giving up their own time.



PSA NEWS AND EVENTS

Replacement Freezer The PSA freezer needs replacing. If you have a good quality second-hand freezer you can donate to the school the PSA would be most grateful. Alternatively if you wish to buy the PSA a chest freezer please speak with the PSA Chairs: **Kasia** (07743 776739) or **Ania** (07533 956905).

Reception Parents Coffee Morning 4th October The PSA will be hosting a coffee morning for the new Reception parents as a welcome to the St George's school community. This will be from 8.40 until 10am in the Small Hall. All new parents to the School are very welcome.

School Disco Friday 11th October.

New PSA Class Reps for 2024/25 The class reps for this school year are set out below. The class reps will send out any PSA information but please remember **all parents/guardians are automatically members of the PSA.**

Year	Contact	Teacher
RL	Flora Kormendy 07500640457, Sarita Rodrigues 07417469668	Miss Loughlin
RM	Noreen McGuire 07941193032, Kamm 07506788335	Miss Murray
1N	Agata 07517230333, Carly 0 7961535957	Mrs Neville
1R	Tati 07506290088, Suzanne	Miss Rabbett
2MI	Fiona 07956699304	Mrs Prado
2P	Emmanuelle 07525945368	Miss McIntosh
3OH	Kat Matuszyk 07939481214, Ilona Dymek 07511896767	Miss O'Hara
3F	Dorota Wegrzyk 07902766409,	Miss Ferreira
4C	Solange Sayah 07429346929, Julie 07862271491	Miss Charles
4OS	Tati 07506290088, Marlene 07956920050	Mrs O'Sullivan
5Z	Symmie 07907507945	Miss Zainali
5R	Minal 07774777778	Mrs Ryan
6H	Magda Dembek 07525727516, Dorota Wegrzyk 07902766409, Ola 07880778874	Miss Hipgrave
6B	Malwina 07518866795, Barbara O. 07795662166	Miss Boyle

SATURDAY SOCCER SCHOOL

Join us at our Saturday Soccer School with The Hive Foundation at Barnet FC!

We run weekly football sessions for boys and girls aged 5 to 13 on Saturdays during term time.

- Mini Bees (ages 5 & 6) 9am till 10am
- Junior Bees (ages 7 & 8) 9am till 10am
- Bumble Bees (ages 9, 10, 11) 10am till 11am
- Girls Only (year 6, 7 & 8) 10am till 11am

WHAT TO EXPECT?

- ✓ Develop Football Skills
- ✓ Build Confidence
- ✓ Make New Friends
- ✓ Positive & Inclusive Environment
- ✓ Fall in Love with the Game!



WHEN?

Saturdays during school term time

WHERE?

Barnet FC
The Hive, HA8 6AG

FREE TRIAL SESSIONS AVAILABLE...

BOOK NOW!

WWW.TheHiveFoundation.com

More Information:

T: 020 8381 3800 ext 3346

E: info@thebeesfootball.com



GIRLS ONLY FOOTBALL

Join Us for GIRLS ONLY Football Sessions with The Hive Foundation at Barnet FC!

Are you ready to kick off your football journey?

We run weekly football sessions for girls only on Saturdays and Thursdays at The Hive.

Saturdays 10am till 11am: Year 6, 7 and 8 - £3

Thursdays 5pm till 6pm : Year 4, 5 & 6 - £3

WHAT TO EXPECT?

- ✓ Develop Football Skills
- ✓ Build Confidence
- ✓ Make New Friends
- ✓ Positive & Inclusive Environment
- ✓ Supportive, Sociable & FUN!



WHEN?

Saturdays (Year 6/7/8)
Thursdays (Year 4/5/6)

WHERE?

Barnet FC
The Hive, HA8 6AG

FREE TRIAL SESSIONS AVAILABLE...

BOOK NOW!

www.TheHiveFoundation.com

More Information:

020 8381 3800 ext 3346

info@thebeesfootball.com



At The National College, our Wellbeing/Inclusivity guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, facts and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about INSTAGRAM

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

FOR RESTRICTION 13+

ADDITION

Many social media platforms, Instagram included, are designed for or targeted towards teenagers and young adults. They encourage increasing often and scrolling more screens a day or missing out. On Instagram, young people can see a lot of time when someone is posting and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and how they spend their time. However, most people only share the positives about their lives online and many use filters when sharing photos and videos. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and identity.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. More people are going live on Instagram, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include the impact of not stopping to think about more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products or services, apps and more. When celebrities or influencers post their content, it often gets 'paid' attention above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. It is particularly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or brand in their posts. This tag will take users directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Instagrams are highly sensitive to being excluded, which comes in many forms: not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they send. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't treated.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to show their clothing style, make up or similar and use product tagging to show off their items in their posts, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which could result in cyberbullying, getting in touch with them, and a child's account being hacked and the importance of keeping it this way.

USE MODERATORS

Instagram has implemented a mechanic called Moderators, meaning that creators can assign a moderator and give them the power to report comments, remove comments and have the ability for certain users to comment on it. Consider this if a child in your care wants to go live on the platform. It is also recommended to use devices in communal spaces as you're more likely to notice any inappropriate content.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can use or create content safely with family and friends. Explain how safety settings can ensure only those you want to see their posts. If you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to see everything when you open Instagram. Talk to children about who they follow and help them to develop critical thinking skills about what the influence is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total like on their posts. In general, people have decreasing posts that number in the corner. Users can hide like counts on all the posts that they like as well as on their own posts. This means others can't see how many likes a post gets. This can be done by going into Settings > Notifications > Posts & Likes > Off.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform using the correct age in Instagram's Terms and Conditions. Encourage more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

OPEN EVENING

Year 7

Tuesday 1st
October 2024

5:30 - 7:30pm

Year 12

Tuesday 22nd
October 2024

5:30 - 7:00pm

GUNNERSBURY CATHOLIC SCHOOL

The Ride, Boston Manor Road, Brentford, Middlesex TW8 9LB
www.gunnersbury.com

Open Days

TUESDAY 24 SEPTEMBER 2024
1.30pm - 3.00pm with Headteacher's address at 2.30pm
5.00pm - 7.30pm with Headteacher's address at 6.00pm and 6.45pm

MONDAY 30 SEPTEMBER 2024
1.30pm - 3.00pm with Headteacher's address at 2.30pm

WEDNESDAY 2 OCTOBER 2024
10.30am - 11.30am



St George's School Dates



DATES FOR YOUR DIARY

OCTOBER

- Tues 01** St Therese's House Mass
- Fri 04**- St Francis's House Mass
- Fri 04** - PSA Coffee morning
- Fri 04** - St Francis's Feast Day Mass
- Thurs 10**-Young minds 'Hello yellow' fundraising day.
Whole school to wear yellow.
- Fri 11** - Flu Vaccinations
- Fri 11**– PSA School Disco
- Tues 15** - Parents Evening 15:30-18:00 Appointments to be made via School Ping
- Thurs 17**- Year 5/6 Football at Harrow School
- Thurs 17**- Parents Evening 15:30-18:00 Appointments to be made via School Ping
- Mon 21** African Drums Workshop
- Fri 25**– Last day of half term (normal finishing times)

HALF TERM Monday 28th-Friday 1st November 2024

Normal School Finish Time

NOVEMBER

- Mon 04**– Pupils return to school
- Mon 04**- St Martin's House Mass
- Tues 05** - London Fire Brigade Workshop (Year 2 and Year 5)
- Wed 06 & 07**– School Photographs
- Fri 08** Gunnersbury Museum trip—Stone age (Year 3)
- Tues 19**– God's Planet workshop (Whole School)
- Wed 20**– Open day for new parents 2025/2026 9:30am
- Thurs 21**-St Celia's Day Prayer service
- Fri 22**-Flu Vaccinations 2nd session
- Wed 27**-Anti Bullying workshop (Whole School)

Please be aware that there may occasionally be a change to dates due to circumstances beyond our control

HEADTEACHER'S DROP IN SESSION—EVERY MONDAY AT 2.45PM

This is a time when the Headteacher is available if you want to discuss any matters.

Mrs Monaghan is also available at other times if you wish to make an appointment through the School Office.